# FastMed and Cornerstone HAVE YOU COVERED.









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At last, the perfect pairing for your health. Having a Primary Care Doctor and a go-to Urgent Care office ensures that you always get the best care, 7 days a week, all year long. That's why Cornerstone Health Care and FastMed Urgent Care have come together - to offer high quality care when you need it most.

#### Where Everybody Knows Your Name

### The value of having a Primary Care Physician

When it comes to your health, there is great value in having a doctor who knows you. Cornerstone Health Care's primary care providers offer a more personalized focus on your health and well-being. They offer yearly check-ups as well as reminders about vital health screenings based on your age, gender and health history. This helps find health problems before they start. They can also build care plans to manage your health and give you the right care to help you meet your goals.

#### Your Friendly Neighborhood Urgent Care The value of 7 days a week, 365 days a year

After hours, many patients believe that the emergency room (ER) is their only choice. FastMed Urgent Care offers evening and weekend hours and is open each day of the year. FastMed has onsite labs, digital x-rays and EKG equipment. It is a low cost alternative to the ER for non-life-threatening illness and after-hours care. FastMed aims to get patients in, out and on their way to feeling better in just one hour.

# The Benefit of Both Staying well with FastMed and Cornerstone

When Cornerstone patients need after-hours and weekend care, FastMed Urgent Care is there to treat them with no appointments needed. And, when FastMed treats patients who need a primary care provider or specialist, Cornerstone is there for those patients, as well. What's more, the two teams coordinate and communicate with each other, so you benefit from seamless health care.





# The Emergency Room (ER) Option

When is the ER the right choice?

Here are some ER facts that will help you compare your choices:

- Emergency Medicine is focused on treating immediate and lifethreatening conditions
- An ER does not offer on-going care for someone with long term health problems, such as diabetes, disease of the heart or blood vessels, high blood pressure or cancer. These are health problems that do not always have visible signs in a person until it is too late. People with any of these health concerns would benefit from education and proper medication supplied by a primary care physician.
- Unlike your Primary Care Physician, ERs are not familiar with your health history. They will likely need to do a lot of tests to understand your urgent health problems.



## Our Team. Caring For Yours.

Together, FastMed and Cornerstone Health Care offer just about everything you need to stay well, all year round. We look forward to serving you and your family.

Visit **FastMed.com** to find your neighborhood Urgent Care clinic, and **Cornerstonehealth.com** to find a Cornerstone doctor near you.

Or, call Cornerstone's Patient Advocate Hotline (336.802.2700) to set up an appointment with a doctor in your neighborhood.





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